

# LOCALLY PRODUCED BEEF AND LAMB

## **Richard & Caroline Mann**

Great Dunstone  
Widecombe  
Newton Abbot  
Devon  
TQ13 7TH



Our cattle and sheep are all born on our family farm in the heart of Dartmoor, naturally reared and finished on the green pastures of Widecombe in the Moor, the meat is hung for a delicious flavour.

### **8kg Beef Box £105**

Weight	Description	Uses
700gr	Rump Steak	Grilled
800gr	Sirloin steak	Grilled
2.5kg	Topside or rib	Roast
2kg	Mince	Lasagne, cottage pie, burgers etc
2kg	Braising steak	Pies, casseroles, pasties

Delivered in a cool box to your door price includes p&p

### **15kg Beef Box £170**

weight	Description	Uses
1kg	Rump Steak	Grilled
800gr	Sirloin Steak	Grilled
3.5kg	Topside	Roast
250gr	Fillet steak	Beef Wellington, grill or fry
1kg	Brisket	Slow roast
2.5kg	Rib	Roast
2.5kg	Braising Steak	Pies, casseroles, pasties
3.5kg	Mince	Cottage pies, lasagne, burgers etc

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### **Lamb Box £120**

Quantit y	Description	Uses
2	½ Leg	Roast
2	½ shoulder	Roast, braise or boil
1kg	Mince	Shepherds pies,
8	Small chops	Grill
4	Large Chops	Grill

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Also available **Beef burgers** @ £3.00 per pack of 4 and **Beef sausages** @ £5.25 per kg

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